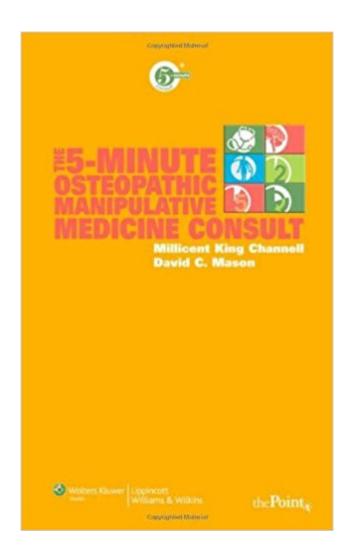


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# The 5-Minute Osteopathic Manipulative Medicine Consult (The 5-Minute Consult Series)





## **Synopsis**

This pocket-sized book is the first osteopathic clinical manual to be organized by diagnoses in a two-page, quick-reference format. In the tradition of The 5-Minute Consult Series, each diagnosis is presented on a two-page spread. The first page has a definition of the disease, a list of associated autonomic and motor innervations, and a list of common somatic dysfunctions. The second page lists the techniques that might be used for those somatic dysfunctions. The second page is further subdivided into three levels of treatment: 2-minute, 5-minute, and extended. Next to each technique is the corresponding ICD-9 code for billing. Photos and schematic drawings are included. The fully searchable online text is included with purchase of this book.

## **Book Information**

Series: The 5-Minute Consult Series

Paperback: 320 pages

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Shipping Weight: 10.6 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 12 customer reviews

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### Customer Reviews

I am obsessed with this book! I am a 4th year medical student. I'm going into family medicine and would like to incorporate OMM into my practice in the future-- not all aspects/techniques, but some. This is such a great book! It will tell you a 2 minute technique or a 5 or 10minute, depending how much time you have. It sorts everything by system/problem (so someone with otitis media and what OMM you could do to help with this). It also lists ICD-9 codes which is awesome! It would be great if they did an updated version with ICD-10 codes now.

Excellent source! This book gives you ICD9 codes, helps you distinguish between 2 minute, 5

minute and extended treatment plans. There are general technique explanations as well as a thorough explanation as to which techniques help with the most common ailments eg asthma, chf, or depression. Wish I had bought this book earlier in my med school career as it is instrumental for clinical years.

I've had the pleasure of knowing David Mason, D.O. for many years. I treasure this book because it allows me to have a quick reference to viscero-somatic reflexes. I think the sacral dysfunction chart alone is worth having the book. Michael Warner, D.O.

I recall when this book was a discussion/conception at UMDNJ, when I saw it on; I was ecstatic. This is an ideal, small-sized reference for OMM. It's concise, easy to reference with excellent graphics. It came out much better than I would have guessed (no offense, it's a good thing) and I'm glad I purchased it. I don't practice a lot of OMM, but this is a great, simple reference for instances that I do want to use OMM in clinical practice. I plan to use it when studying for boards. Well done Dr. Mason & Dr. King-Channell. Thank you for taking the time to finally construct an easy OMM reference book that is not over-whelming.

this is good if you have some OMT background - if not it's a challenging resource

Good for quick reference, but still missing some important info.

Great quick reviews for office practice.

Concise and to the point; many helpful tips on tests. Pictures were helpful. Cranial section is always hard to do justice to.

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